

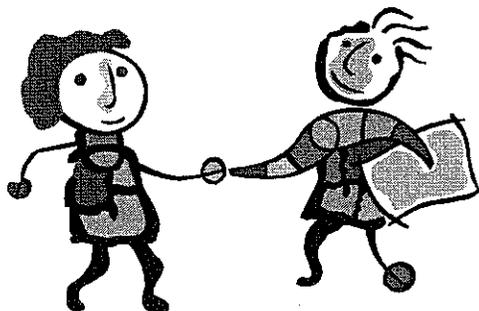


NEBRASKA FAMILY SUPPORT NETWORK
3568 Dodge Street ~ Suite 2
Omaha, Nebraska 68131-3222
Telephone: 402-345-0791 Fax: 402-345-0938
nfsn@nefamilysupport.org

Roles of Family Advocates:

- Helping parents help themselves.
- Building confidence so parents are able to help themselves.
- Providing necessary tools for appropriate decisions and appropriate action.
- Informing parents of their rights.
- Stating options available to resolve a problem.
- Referring to appropriate agencies.
- Stating options available to resolve a problem.
- Organizing for change.
- Initiating new services.
- Following up on complaints.
- Bring parents and groups together for mutual support and action.

Omaha Youth Leadership Council



Who: Youth ages 12-18 with social emotional difficulties

When: 3rd Tuesday of every month from 7 to 8:30

Where: First Christian Church
6630 Dodge Street
Room 211



Agenda:

- *Welcome/Introductions/Pizza and Pop
- *Ice Breaker
- *All About the Omaha Youth Leadership Council
 - *Leadership
 - *Advocacy
- *Questions/Further Discussion
- *Plans for Next Meeting-What do you want the Council to do next?



**To register or ask questions, please call Alyssa at
Nebraska Family Support Network: (402) 345-0791**

We look forward to seeing you!

****A parent support group called People Who Care, which is also facilitated by Nebraska Family Support Network, meets at the same time and location. For more information, please call 345-0791.**

People Who Care



Family Operated Support Group
Connecting Families to Families whose
children (birth to 21)
have either a psychiatric, behavioral
or emotional disorder



First Christian Church
6630 Dodge Street
Room 213
From 7pm to 8:30pm



Every third Tuesday of Each Month

No Fee or Referral Required

Sponsored by

Nebraska Family Support Network



Contact us for more information

1-800-245-6081 or

(402) 345-0791

nfsn_advocate@yahoo.com

****A teen support group called the Omaha Youth Leadership Council meets at the same time and location. The Leadership Council is designed for 12-18 year olds with social/emotional difficulties and is also facilitated by Nebraska Family Support Network. For more information, please call 345-0791.**



NEBRASKA FAMILY SUPPORT NETWORK
3568 Dodge Street ~ Suite 2
Omaha, Nebraska 68131-3222
Telephone: 402-345-0791 Fax: 402-345-0938
nfsn@nefamilysupport.org

Behavioral Health Treatment and Rehabilitation Providers

Alegent Health Behavioral Services

Immanuel Medical Center, 6901 N. 72nd Street, Omaha, NE, 68122, 402 – 572 – 2121

- Mental Health Services – Adults and Children
- Emergency Protective Custody (EPC)

Catholic Charities

Sheehan Center, 3300 N. 60th Street, Omaha, NE, 68104, 402 – 827 - 0570

- Mental Health Services – Adults
Community Support

Omaha Campus for Hope

1490 N. 16th Street, Omaha, NE, 68102, 402 – 827 – 0570

- Mental Health Services – Adults
Crisis Assessment/Evaluation

Douglas County Community Mental Health Center

4102 Woolworth Street, Omaha, NE, 68105, 402 – 444 – 7930

- Mental Health Services – Adults
Day Treatment, Inpatient/Emergency Protective Custody (EPC),
Medication Management, and Outpatient

Friendship Program, Inc.

7315 Maple Street, Omaha, NE, 68105

402 – 393 – 6911

- Mental Health Services – Adults
Community Support and Day Rehabilitation

Heartland Family Services

2101 S. 42nd Street, Omaha, NE, 68105

402 – 553 – 3000

- Mental Health Services – Adults and Youth
Outpatient

6715 N. 30th Street, Omaha, NE, 68112,

402 – 451 – 6244

- Mental Health Services – Adults and Youth
Outpatient

11212 Davenport Street, Omaha, NE, 68154,

402 – 963 – 9666

- Mental Health Services – Adult and Youth
Outpatient

116 East Mission Avenue, Bellevue, NE, 68005,

402 – 291 – 6065

- Mental Health Services – Adults and Youth
Outpatient

1246 Golden Gate Drive, Suite 2, Papillion, NE, 68406,

402 – 339 – 2544

- Mental Health Services – Adult and Youth
Outpatient

Lutheran Family Services

124 S. 24th Street, Omaha, NE, 68102,

402 – 342 – 7007

- Mental Health Services – Adults and Youth
Community Support, Outpatient, Urgent Outpatient, Medication
Management, Urgent Medication Management, and Respite Care*
(severely emotionally disturbed children)

4980 S. 118th Street, Suite 201, Omaha, NE, 68137,

402 – 894 – 4796

- Community Support, Outpatient, Urgent Outpatient*, Medication
Management, Urgent Medication Management*

2505 N. 24th Street, Suite 201, Omaha, NE, 68110,

402 – 455 – 9757

- Mental Health Services – Adults and Children
Outpatient, Urgent Outpatient*, Medication Management,
and Urgent Medication Management*

430 N. Fort Crook Road, Bellevue, NE, 68005,

402 – 292 – 9105

- Mental Health Services – Adults and Children
Community Support, Outpatient, Urgent Outpatient, Medication
Management, Urgent Medication Management, and Respite Care*
(severely emotionally disturbed children)

510 D Street, Fremont, NE, 68025,

402 – 721 – 1774

- Mental Health Services – Adults and Children
Community Support, Outpatient, Urgent Outpatient*, Medication
Management, Urgent Medication Management*, and Respite Care*
(severely emotionally disturbed children)

1201 Golden Gate Drive, Papillion, NE, 68046,

402 – 592 – 0639

- Mental Health Services – Adult and Children
Community Support, Outpatient, Urgent*, Medication Management
and Urgent Medication Management*

Region 6 Behavioral Healthcare

3801 Harney Street, NE, 68131,

402 – 898 – 5900

- Professional Partners Children
- The Spring Center – Adults and Children – Crisis Stabilization
3470 South 72nd Street, NE, 68124, 402 – 546 – 0770
24 – Hour Help Line 866 – 734 – 8888

Salvation Army

3612 Cuming Street, Omaha, NE, 68131,

402 – 898 – 5900

- Mental Health Services – Adult and Children
Community Support, Emergency Community Support,
and Psychiatric Respite

Youth Risk Behavior Survey 2003 Highlights

Of the 2,933 Nebraska youth, grades 9-12, surveyed . . .

- 39% rode in a car during the past 30 days with someone who had been drinking alcohol
- 21% drove a motor vehicle after drinking alcohol during the past 30 days
- 22% never or rarely wear a safety belt when riding in a car
- 91% of those who rode a bicycle never/rarely wore a helmet
- 30% were in a physical fight during the past 12 months
- 27% of males carried a weapon during the past 30 days
- 12% were hit or slapped by a boyfriend or girlfriend during the past 12 months
- 12% of females have been forced to have sexual intercourse when they didn't want to
- 18% seriously considered attempting suicide during the past 12 months
- 24% smoked cigarettes on one or more of the past 30 days
- 24% of males smoked cigars, cigarillos, or little cigars during the past 30 days
- 17% of males used chewing tobacco or snuff during the past 30 days
- 32% did not participate in sufficient amounts physical activity during the past seven days
- 28% watched TV for an average of three or more hours per school day
- 41% of females described themselves as slightly or very overweight
- 65% of females are currently trying to lose weight
- 34% of students currently trying to lose weight used a high-risk weight loss method to do so
- 61% ate two or fewer servings of fruits and vegetables per day
- 51% drank 12 or more ounces of soda or pop daily during the past seven days
- 60% have smoked cigarettes during their lifetime
- 35% have used marijuana during their lifetime
- 78% drank alcohol during their lifetime
- 47% drank alcohol during the past 30 days
- 32% had five or more drinks in a row during the past 30 days
- 43% have had sexual intercourse at least once during their lifetime
- 40% of those having sexual intercourse during the past 3 months did not use a condom